# Eyebrow After-Care

*One of the following will apply:

- **If instructed, wait 24-48 hrs before starting aftercare.** Then, for 1 week, gently wipe with a damp cotton pad or q-tip 2x’s a day. After cleaning, use a clean q-tip to apply a very small amount of fragrance-free lotion until healed or no longer dry.
- For 1 week gently wipe with damp cotton pad or q-tips 2x’s a day. After cleaning use a clean q-tip to apply a very small amount of fragrance-free lotion until your skin is healed & no longer dry.
- For 1 week gently wipe with damp cotton pad or q-tips 2x’s a day. After cleaning use a clean q-tip to apply a very small amount of fragrance-free lotion until your skin is healed & no longer dry.

### What you shouldn’t do

- Do not oversaturate area with water or sweat for 1 week. Take quick showers w/head to back; no saunas, oceans, pools, hot tubs, etc for 2 weeks.
- Do not pick or pull at excess skin/flakes during healing & peeling stage.
- Do not wear makeup in procedural area for 5 days.
- Do not be in direct sunlight for 2 weeks; may apply sunscreen in brows after 1 week.

### EXPECTATIONS

- **First 24-48 Hours**
  - Slight swelling and/or redness. Brow appears darker and thicker than when fully healed.

- **Weeks 1-2**
  - Healing & Peeling ~ Brows will become dry, itchy, flaky & will peel. As peeling finishes color appears lighter & may appear ashy or gray as pigment settles in skin.

- **Weeks 3-6**
  - Actual color & shape reveals. You may wear pencil or powder in areas where pigment didn’t take until your 6 week follow-up/detail visit. Don’t be alarmed by how much lighter your brows became.

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# Eyeliner After-Care

- For one week gently wipe with a damp cotton pad or q-tips 2x’s a day (am/pm). Do not use ointment or lotion unless advised.

### What you shouldn’t do

- Do not oversaturate area with water or sweat for 1 week. Take quick showers w/head to back; no saunas, oceans, pools, hot tubs, etc for 2 weeks.
- Do not pick or pull at excess skin/flakes during healing & peeling stage.
- Do not wear makeup in procedural area for 5 days.
- Do not be in direct sunlight for 2 weeks.

### EXPECTATIONS

- **First 24-48 Hours**
  - Slight swelling & redness. Morning of Day 2 is normally when swelling will peak. Liner appears darker & thicker than when fully healed.

- **Weeks 1-2**
  - Healing & Peeling - Liner will appear to come off in flakes or peel. Don’t be alarmed how much thinner & lighter in color the liner is.

- **Weeks 3-6**
  - Actual color & shape reveals. You may wear makeup in areas where pigment didn’t take until your 6 week follow-up/detail visit.

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# Lip After-Care

- For one week gently wipe with a damp cotton pad or q-tips 2x’s a day. After cleaning & as needed for at least 2 weeks, apply given ointment to prevent normal dryness that occurs during healing.

### What you shouldn’t do

- Do not oversaturate procedural area with water or sweat for 1 week. Take quick showers w/head to back; no saunas, oceans, pools, hot tubs, etc for 2 weeks.
- Do not pick or pull at excess skin/flakes during healing & peeling stage.
- Do not be in direct sunlight for 2 weeks; may apply sunscreen after 1 week.
- Avoid toothpaste on lips; do not use bleaching dental products for 4 weeks.

### EXPECTATIONS

- **Days 1-3**
  - Swelling & tenderess. Lips appear darker & fuller than when fully healed.

- **Weeks 1-2**
  - Healing & Peeling - Lips are dry & chapped as they heal. Color continues to bloom back & forth in lip tissue.

- **Weeks 3-6**
  - Healing is primarily complete. Although you may continue to see additional color changes based on your body temperature. Lips feel dry for a month or two. Use a good lip balm & sunscreen. Don’t be alarmed at how much lighter lip color becomes. 

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**FOR ALL PROCEDURES:**

- Do not oversaturate procedural area with water or sweat for 1 week. Quick showers with head to back. No saunas, oceans, pools, hot tubs, etc., for 2 weeks.
- Initial swelling, redness, healing, peeling & fading are all normal. Color will be dark & intense at first.
- As needed for swelling control: wash hands, dampen cotton pads with water & place in a sealed bag in refrigerator. Once cooled, place on procedure area 1-3 x’s daily for 2 days. Discard after one-time use.
- The initial color of the tattoo is dark & on top of your skin - it will heal, peel & fade no matter what. Keep in mind, topical makeup is placed on top of your skin always appearing more vivid than permanent makeup which is placed under the skin.
- Don’t use exfoliants on areas as they cause fading. After procedural area is healed, SPF use will help prevent fading.
- Please only use what your instructed to- DO NOT use poly/neosporin, bacitracin etc. as these may pose allergic reactions or healing issues.